



RECOGNISING SEPSIS

S

SLURRED SPEECH OR CONFUSION

E

EXTREME SHIVERING OR MUSCLE PAIN

P

PASSING NO URINE (IN LAST 12 HRS)

S

SEVERE BREATHLESSNESS

I

IT FEELS LIKE YOU'RE GOING TO DIE

S

SKIN MOTTLED OR DISCOLOURED

FOR MORE INFORMATION VISIT

FIRST-AID-TRAINING-SUSSEX.COM